As you know, you are scheduled for a meet at New London. We will use baumspage.com for all meets this season.

Entries: Entries will be done at www.baumspage.com. The window is open, and will close at 10:00 AM on the day of the meet. We won't use a scratch window, but we will accept changes on meet day. As soon as we have drawn the meet, we will post lane assignments on baumspage.

Track events: Enter as many as you want. Enter times as this will help us draw competitive heats. Regardless of times, we will try to represent each school in the fast heat of each event. All races 400m and down will be run in multiple heats as necessary, from fastest to slowest.

Field events: Enter as many as you want. Enter distances as this will help us draw competitive flights. In long jump and both throws, athletes will be given 4 attempts (no finals), with flights from shortest to longest.

Relays: Enter as many as you want. Only one per school will score.

Scoring: Standard, based on number of teams competing.

Facilities: We have an 8 lane all-weather track. We will have starting blocks. Please use ⅛ or ¼ inch pyramid spikes only. Tape or chalk may be used for marks at the jumps, with tennis balls for the relays. Please supply your own batons.

As in the past, visiting conference schools will help with field events: You will be responsible for conducting the event, and it will require a minimum of three people at the assigned event.

Date	Discus	High Jump
March 27, 2018	South Central	Monroeville
April 10, 2018	Western Reserve	
April 17, 2018	Plymouth	Western Reserve

We ask that the head coach for each program email Keith Landis confirming that you received these directions, and so that we may contact you in the case that a change becomes necessary. Please direct questions or concerns to:

Tom Howell   Athletic Director   thowell@newlondon.k12.oh.us
Misty Ebinger   Head Girls Coach   mebinger@newlondon.k12.oh.us
Keith Landis   Assistant Girls Coach   klandis@newlondon.k12.oh.us